FOOD W FUN 2019 september



Riverside Elementary East Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2	LABOR DAY	3 WELCOME BACK	4 Cheeseburger Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Baked Fries Fresh Celery Sticks Fresh Fruit or Juice		6 Chicken Patty Sandwich Cheese Pizza Turkey & Cheese Wrap Baked Fries Steamed Broccoli Mixed Fruit Cup or Juice	More Info Offered Daily: Fresh Fruit
9	Cheeseburger Chicken Patty Sandwich Bologna & Cheese Sand. Sweet Golden Corn Garden Salad Fresh Fruit	10 Salisbury Steak w/Gravy Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Parslied Noodles Green Beans Fresh Red Pepper Slices Applesauce or Juice	Popcorn Chicken w/WG Brd Chicken Nuggets w/WG Brd Turkey & Cheese Sandwich Steamed Rice Steamed Broccoli Garden Salad Fresh Fruit or Juice	. ■ C Hot Dog on a Bun	Chicken Patty Sandwich Pepperoni Pizza Turkey Sandwich Baby Carrots Baked Tater Tots Fresh Fruit or Juice	Or Juice Fresh Vegetables 1% Milk Skim Milk
16	Chicken Patty Sandwich Cheeseburger Turkey & Cheese Sandwich Roasted Mixed Vegetables Fresh Tomato Wedges Diced Peaches or Juice	17Cheeseburger Chicken Nuggets w/WG Brd. All American Chef Salad w/WG Crackers Baked Fries Sweet Golden Corn Cucumber Slices Fresh Fruit or Juice	Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Baked Tater Tots Orange Glazed Carrots Celery Sticks Diced Pears or Juice	19 Nacho Platter Cheesesteak Sandwich Popcorn Chicken Salad w/WC Crackers Steamed Rice Vegetarian Baked Beans Garden Salad Fresh Fruit or Juice	Chicken Patty Sandwich Cheese Pizza Turkey & Cheese Wrap Baked Fries Steamed Broccoli Garden Salad Mixed Fruit Cup or Juice	Chocolate Skim Milk All Breads, Rolls, Pasta and Pizza Dough are Whole Grain
23	Cheeseburger Chick.Nuggets w/WG Brd. Chicken Caesar Salad Baked Tater Tots Fresh Broccoli Diced Pears or Juice	24 Chicken Patty Sandwich Fish Sticks w/WG Brd. Ham & Cheese Sandwich Baked Fries Green Beans Fresh Baby Carrots Fresh Fruit	25 Pasta w/Meatballs Chicken Nuggets w//WG Brd. Turkey & Cheese Sand. Sweet Peas Garden Salad Mixed Fruit Cup or Juice	26 Nacho Platter Chicken Nuggets w/WG Brd. Chicken Caesar Salad Steamed Rice Vegetarian Baked Beans Celery Sticks Applesauce or Fresh Fruit	27 Hot Dog on a bun Pepperoni Pizza Ham & Cheese Wrap Steamed Carrots Cucumber & Tom.Salad Fresh Fruit or Juice	Students must pick at least one serving of fruit or vegetable with their meal
30	Hot Dog on a Bun Chicken Patty Sandwich Ham & Cheese Sandwich Steamed Carrots Brown Rice Fresh Broccoli Fresh Fruit or Mixed Frt.Cup	Foodservice Substitute Positions Available. Apply online at: www.aramark.com Search Taylor PA/Riverside Earn extra money while			Prices: Paid Lunch \$Free Reduced \$Free Free \$.0	Menus are subject to change without notice.

